

Lake Ternay Trip Information and Things to Bring

Get ready to fish for some of the finest game fish in the world: brook trout (Squaretail), land locked salmon (Quananiche), lake trout and northern pike are here in abundance. Many of these fish get to be real trophy size, lake trout 20 lbs. Plus, pike 15 lbs. plus, landlocked salmon 10 lbs. plus and square-tails 4 lbs. plus. There are a lot of plus' here for one good reason; this is this wild country is not over fished and most fish are caught and released to fight again another day. These are magnificent creatures and should be admired and photographed but not killed, so limit your kill, don't kill your limit. We have no problem with taking home a nice trophy, but keep in mind our business and your enjoyment depend on these beautiful fish.

Weight restrictions are strongly enforced on the carrier ride from Labrador City to Lake Ternay. Baggage weight limits are 50 pounds per person. Therefore, bags should be lightweight; share items that can be shared, repackage using lightweight containers such as zip lock bags and do not bring unnecessary items. If an additional carrier is needed because of over weight, the charge could be passed on to you.

Food and liquor: At our lodge location, our meals are often traditional ones including meats and fish, fruits, and vegetables. Dried drinks such as ice tea, lemonade, coffee (ground and instant) are available; however, canned soda because of the weight is not available. Box lunches include sandwiches, desert and drinks. **We do not serve liquor;** however, you may bring your own. Canada allows 1 case of beer or 40 ounces of liquor per person from the U.S. If you have any dietary restrictions or needs please let us know now. Please remember weight restrictions.

Gratuities are not included. Often we are asked what an acceptable gratuity is. We have found that previous clients have been leaving about \$20.00 to \$50.00 per day for a guide. If there are several guides involved or you wish to include the cook, pool the gratuities but please let us know whom you are tipping.

License Fees 2008

Fishing - Catch and Release \$ 15.00 US

Fishing - Keep \$ 60.00 US

License fees are not included in your trip fee and are due with your final payment. **We will also need your name as it appears on your identification, date of birth and address.** This information is needed for your license.

Travel Insurance: Trip fees are non-refundable including all circumstances. We strongly urge our guests to buy travel insurance. Not only can trip insurance cover trip cancellations, but also lost, stolen or destroyed travel items. Travel insurance is readily available. The web site. www.insuremytrip.com lists various travel insurance companies, their programs and costs.

Trip insurance is worth the additional cost

For those of you who will be flying into Wabush: Flights are available from Montreal or Quebec City to Wabush (Air Canada and Labrador Air). For those of you flying into the Trudeau Airport (formerly Dorval Airport) and staying over night in Montreal, you may pick up your luggage (luggage carriers are available) at the front of the airport terminal - follow the signs. Against one of the walls near the luggage pick up area is a telephone center where you can call the Hilton Hotel or other hotels to advise them of your arrival. These hotels will send a marked van to a numbered post in front of the terminal. In the morning, Best Western and the Hilton will take you back to the airport. You should leave yourself plenty of time to get to the airport and check in.

From Wabush please take a taxi, available 24 hours a day to Lab City, 2 miles away. I suggest that you make reservations at the Two Seasons Hotel in Lab City the day before your Lake Ternay arrival date. The Two Seasons telephone number is 709-944-2661. Their web site address is www.twoseasons.nf. Please make your

reservations as early as possible as I understand tour buses come through this area and hotel spaces are quickly taken. Also, **please mention Lake Ternay Lodge /High Arctic Adventures.**

You will be flown into Lake Ternay at approximately 7:00 A.M. Check with the seaplane base (709-944-2395) upon your arrival for your flight departure information. You will be flown out of camp also in the morning. Departure times will depend on weather conditions. Remember that Labrador City is Atlantic Time, one hour ahead!

For those of you who will be driving to Lab City: Parking is available at the sea plane base where you will be flying to and from the camp. A portion of the road is gravel - a spare tire might come in handy.

Packing: Please keep your weight limited to **50 pounds**. You may want to repack any weighty items in containers or in packaging that weigh less. Take only that which you will use. If you are with others, you may want to share some items. Your trip includes one scheduled flight in and one scheduled flight out of the camp. Your baggage will be weighed. If you are overweight, some baggage will be left behind or the cost for an additional aircraft, as much as \$3000.00 CA will be charged to you. . **Fishing gear** (line, flies, and reels) as well as rifles are not permitted as carry-ons.

Hotel & Parking- Montreal -Information: Many of the hotel chains located here in the US are also located within easy reach of the Pierre Trudeau (Dorval) Airport. However, most of our guests have stayed at the Hilton Airport Hotel or the Best Western Hotel.

Parking: Although hotels offer long-term parking, the lots are unsecured. Car theft in Montreal is a concern. Although no long-term parking area offers guaranteed theft proof or damage proof, the **Vinci Parking** does have 24-hour security. Vinci is the van service that transports you between the hotels and the airport. They will take you from the parking lot to your hotel and on your return

take you to the lot. Vinci has two lots; one is located next to the train station close to the Best Western (\$42.00 CA weekly, \$9.00 CA a day) and the other is located next to the Hilton. Rates are \$11.00 CA daily and \$49.00 CA weekly. Vinci recommends that you not leave anything in your car including your parking ticket. The above are 2007' rates.

We advise our guests to use any locking device they have or disable their automobile to make it more difficult to steal. At no time leave your car unattended until it is a secured area.

The Hilton Airport Hotel charges \$127.00 CA for a standard room a party of 2. Each additional person is \$20.00 CA extra. There is free van service between the airport and hotel. There is an additional parking charge at the Hilton Hotel if you wish to park there. Please check with reservations for the cost. Please call 1-514-828-4209 and ask for David and mention High Arctic Adventures /Lake Ternay Lodge to receive your group rate. The above are 2008 rates.

Items to Bring Fishing

Boots light-weight waders with felt soles - no cleats are permitted in boats, airplane or lodge. Cleats can be brought with you and put on at your fishing location once you arrive.

Camera, film extra batteries

Clothing

Wool socks or equivalent

Warm pants and jeans

Warm shirts (wool and chamois)

Warm gloves

Boots - warm waterproof

Rain gear - light weight - something to wear over other clothing

Towel and wash cloth

Documents - . Leave copies of all documents at home in case your originals get destroyed or lost.

Flashlight - small

Flies: Brookies and Salmon

6 Wood Special #8
4 Montreal Whore #4
4 Footer Special #4
3 Royal Wulff #8
1 Hair Mouse #2
3 Muddler Minnow #6
3 Yellow Maribou #4
3 Black Woolly Bugger #6
3 Dark Hendrickson #12
3 White Maribou Muddler #4
3 Olive Maribou Muddler #6
3 White Wulff #8
3 Yellow Humpy #10
Flies: Pike & Lake Trout
2 Yellow Bunny # 3/0
2 Chartruse Bunny # 3/0
1 Popper
2 - 8'/20 lb. test pike leaders with wire bite guards (A must for pike)
And some of your own favorites
Fly rods 8-1/2 to 10 feet for 5 to 8 weight lines will handle anything
you will encounter
Fly reels - matching with a good drag and 150 to 200 yards of 10 lb.
Forceps for releasing fish
Insect repellent
Leatherman multi-purpose tool or a good knife
Leaders 7 to 9 feet, tapered to 8 to 15 pound tippetts are good.
These fish are not leader shy.
Other essentials - ID papers, money, travel checks, airline tickets.
Rod case - one that will hold 4 rods, or tape your rod tubes tightly
together.
Sharpener
Sleeping Bag - at least -10 comfort range; We provide mattresses,
cots, pillows
Spinning tackle
Rods 6-1/2 to 7-1/2 feet, (two-piece) medium action.
Reels to match
Line 8 to 15 pound test
Single hook lures 1/4-1/2-7/8 oz

Sunglasses

Tackle vest or tackle pack. Tackle boxes are cumbersome and poor
For hiking or river fishing

Toiletries - medications, soap, toothpaste, shaving cream, razor

Trolling Tackle

Rods: 6 to 7 feet (two-piece) medium action

Reels: something that will hold 200 yds. Of 20 lb. test line.

Watch - water resistant

Waterproof matches

Photography: Lake Ternay offers many opportunities for picture taking. The sunsets, sunrises and northern lights are magnificent. This unusual landscape features vegetation, including blue berries, caribou moss and many other natural features. Wildlife includes, fox, rabbits, pine martins, and birds such as eagles, hawks. Of course, the vast pure waterways are exceptional in their beauty.

Shopping: While there is shopping in Montreal and duty free shopping at the airport, there is also shopping available in Labrador City. Stores are closed on Sundays. Please review your list and make sure you have all you need with you.

Smoking: Canada law now prohibits smoking in public buildings. Therefore, we ask those of you who smoke to please do so outside or on the lodge screened in porch. We not only are observing the law, but also smoking is a safety issue as well as a comfort issue for those non-smokers. Please discard cigarettes or cigarette butts in proper containers, not in the water (the fish can not digest them), the land or floors.

Weather is very unpredictable in this area of the world. Temperatures can be in the low 30's and rise to the 90's during August; September temperatures can be colder. It can also be rainy and windy. Therefore, dress in layers.

Many of you know that Lake Ternay is in a remote area, only accessible by floatplane. Neither our air carrier nor I will fly during inclement weather that includes windy weather. We are not responsible for carrier delays, lost or delayed baggage, weather delays, or any problems caused by the carrier/airline and the

resultant costs of those problems. You might want to purchase travel insurance to protect yourself.

There will be a camp manager and/or guide(s) on the premise. I ask that you respect their judgment and follow their advice. I want you to have a safe and enjoyable visit. Also, a little bit of common sense goes a long way in the wilderness.

Because of accessibility and flight costs, we strongly urge our clients to make sure they are physically sound before coming to Lake Ternay. We will not be held accountable for any type of medical emergency or accidents. And as stated above, you will be charged for additional flight costs.

If you have any questions, please call me before May 15,2007, as I will be on my way up north after that time. JoAnn will be available for calls.